

Cyn-Mar Greenhouses

*Growing Quality Plants
Since 1955*



Foliage & Tropical Catalog

5 Benefits of Houseplants

1. Assit In Breathing

Plants absorb carbon dioxide and release oxygen, making plants and people great partners when it comes to gasses. Plants help to increase oxygen levels and our bodies appreciate that.

2. Help Deter Illness

According to Bayer Advanced, studies at the Agricultrual University of Norway document that using plants in interior spaces decreases: Dry Skin, Colds, Sore Throats, and Dry Coughs.

3. Clean the Air

Top 10 Plants for Removing Indoor Pollutants

1. Spath(Peace Lily)
2. Golden Pothos
3. English Ivy
4. Chrysanthemum
5. Gerber Daisy
6. Snake
7. Bamboo Palm
8. Azalea
9. Dracena
10. Spider

4. Boost Healing

Plants Are Medicine: According to research done at Kansas State University. Viewing plants during recovery time from surgery led to signifificent improvement in blood pressure, pain, anxiety, and fatigue

5. Help you work better

Simply being around plants improves concentration, memory, and productivity



4" Potted Foliage & Tropicals



Aralia
Low-Med Light



Birdsnest Fern
Med-High Light



Calathea
High Light



Corn Plant
Low-Med Light



Croton
Med-High Light



Ivy Var
Medium Light



Ivy Green
Medium Light



Janet Craig
Low-Medium
Light



Lemon Lime
High Light



Hoya
High Light



Brasil Philly
Low-Med Light



Golden Pothos
Low-Med Light



Maria
Low-Med Light



Snake
Low Light

4" Foliage & Tropicals Cont.



Parlor Palm
Low-Med Light



Nephthytis Tub
Low Light



Jade Plant
Medium Light



Spath
Low Light



Splash
Hight Light



Assorted Ferns
Medium Light



Bromeliad
Low Light



African Violet
Hight Light



Assorted Succulents
Medium Light



Anthurim
Hight Light



Kalanchoe
Medium Light

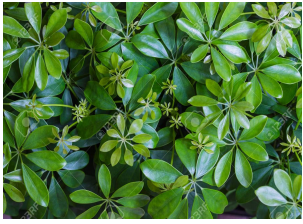


Cyclamen
High Light



Orchid
Low Light

6" Potted Foliage & Tropicals



Arbicola
Med-High Light



Var Arbicola
Med-High Light



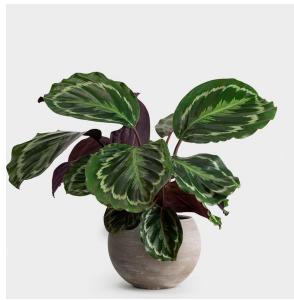
Birdsnest Fern
Med-High Light



Nephtytis Tub
Low-Med Light



Calathea Ornata
High Light



Calathea Medallion
High Light



Calathea Rattlesnake
High Light



Camille Dief
Med-High Light



China Doll
Med-High Light



Croton Petra
Med-High Light



Fiddle Leaf
High Light



Lemon Lime Warn
High Light



Green Enlgish Ivy
Med Light



Var English Ivy
Med Light



Maria
Low-Medium Light



Kiwi Dracena
High Light

Parlor Palm
Low-Medium Light



Ponytail Palm
Med-High Light



6" Potted Foliage & Tropicals Cont.



Butterfly Pole
Low Light



Pothos Pole
Low-Medium Light



Golden Pothos Tub
Low-Medium Light



Neon Pothos
Medium Light



Burgundy Rubber
High Light



Green Rubber
High Light



Silver Bay
Low-Medium Light



Snake Plant
Low Light



Trio Star
Medium-High Light



ZZ
Low light



Spath/Peace Lily
Low Light



Norfolk Island Pine
Med-High Light



Anthurium
High Light



Guzmania Bromeliad
Low Light



Phalaenopsis Orchid
Low Light

8" Foliage & Tropicals



Arbicola
Med-High Light



Arbicola Var
Med-High Light



Arbicola Braid
Med-High Light



Amate Shef
Med Light



Birdsnest Fern
Med-High Light



China Doll
Med-High Light



Croton Petra
Med-High Light



Camille
Med-High Light



Fiddle Leaf
High Light



English Ivy Hanging
Mediium Ligh



Janet Craig
Limelight
Low-Medium Light



Janet Craig
Carmen
Low-Medium



Lemon Lime Warn.
High Light



Maria
Low-Medium Light



Norfolk Island Pine
Med-High Light



Parlor Palm
Low-Medium Light

8" Foliage & Tropicals Cont.



Ponytail Palm
Med-High Light



Cat Palm
Low Light



Pothos Pole
Low-Medium Light



Pothos Hanging Basket
Low-Medium Light



Burgundy Rubber
High Light



Silver Bay
Low-Med Light



Snake Plant
Low Light



Spath
Low Light



ZZ
Low Light



Split Leaf Philodendrum
Med-High Light



Anthurium
High Light

Triple Bromeliad
Low Light



10" Foliage & Tropicals



Arbicola Bush
Med-High Light



Amate Shef
Medium Light



Fiddle Leaf Bush
High Light



Fiddle Leaf Std
High Light



Braided Ficus
Medium Light



Ficus Std
Medium Light



Janet Craig
Limelight



Janet Craig
Carmen



Burgundy Rubber
High Light



Split Leaf
Medium-High Light



Xanadu
Medium-High Light



**White Bird Of
Paradise**
Medium-High Light

10" Foliage & Tropicals Cont.



Norfolk Island Pine
Med-High Light



Cat Palm
Low Light



Spath
Low Light

Dish Gardens & Succulent/Cati Gardens



E Garden 6"



F Garden 8"



G Garden 10"



H Garden 12"



I Dish Garden 16"



8" Succulent/Cati



10" Succulent/Cacti

Contact Information

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